

Wellness Retreat

From mindful moments to masterful techniques, discover the art of transformation from RITUALS *to* RESULTS



With Tashya Garoutte
L'ANZA Pro Team
@tash_mahal

MORNING WELLNESS

Move. Breathe. Align.

Start the day with beginner-friendly yoga, stretching, meditation, and breathwork—tailored for stylists to enhance everyday well-being. Discover simple, effective techniques to improve posture, reduce stress, and create a more balanced life.

AFTERNOON EDUCATION

Create. Learn. Nourish.

Reconnect with your passion behind the chair as a L'ANZA Artist shares the latest in hair care and color trends, and Pro tips through live demonstrations.

Elevate your craft.

Empower your soul.

Transform your journey behind the chair.

MONDAY, SEPTEMBER 28TH
9:00AM-3:00PM

PINEWOOD EVENT CENTER
33262 PALM ST NW
CAMBRIDGE, MN 55008

TICKET COST: \$125.00

*LUNCH INCLUDED

SALONONLYSALES

©
L'ANZA

